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**Problem Sheet 2**  
**Quantum Field Theory**

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### Question 1. Manipulating the Klein-Gordon Lagrangian density.

All of these manipulations can be done purely in the continuum. Let

$$\mathcal{L} = \frac{1}{2} \partial^\mu \phi \partial_\mu \phi - \frac{1}{2} \omega^2 \phi^2$$

be the Lagrangian Density. Consider a spatial region  $V_\Sigma$  bounded by the surface  $\Sigma$  and consider the evolution of  $\phi$  from  $\phi_0(\mathbf{x})$  at  $t = 0$  to  $\phi_1(\mathbf{x})$  at  $t = T$  so that

$$L = \int_{V_\Sigma} d^3\mathbf{x} \mathcal{L}, \quad \text{and} \quad S = \int_0^T L dt$$

- a) By considering the variation  $\phi(x) = \phi_{\text{cl}}(x) + \delta\phi(x)$ , with  $\delta\phi(\mathbf{x}, 0) = \delta\phi(\mathbf{x}, T) = 0$  at the endpoints, show that

$$\delta S = \int_0^T dt \int_{V_\Sigma} d^3\mathbf{x} \delta\phi \left( -(\partial_0)^2 + \nabla^2 - \omega^2 \right) \phi_{\text{cl}} - \int_0^T dt \int_\Sigma \delta\phi \hat{\mathbf{n}} \cdot \nabla \phi_{\text{cl}} dA$$

where  $\hat{\mathbf{n}}$  is the unit normal vector to the surface  $\Sigma$  and  $dA$  is the element of area.

- b) To deduce the KG equation we need the boundary term to vanish. Suppose  $\Sigma$  is the surface of a sphere of radius  $R$ ; assuming that  $|\delta\phi| < \text{constant}$ , and that  $\phi_{\text{cl}} \sim R^{-\eta}$  at large  $R$  how large does  $\eta$  have to be in order for the boundary term to vanish as  $R \rightarrow \infty$ ? In practice for a massive scalar with a delta function source at the origin  $\phi_{\text{cl}} \sim R^{-1} \exp(-mR)$  so there is no problem here. When would there be a potential problem?
- c) Define the canonical momentum field by

$$\pi = \frac{\partial \mathcal{L}}{\partial (\partial_0 \phi)}$$

Find an expression for the Hamiltonian Density which is defined by

$$\mathcal{H}(\pi, \phi) = \pi \partial_0 \phi - \mathcal{L}$$

(Beware,  $\mathcal{H}$  can contain  $\nabla \phi$  but not  $\partial_0 \phi$ .)

- d) What are the Hamiltonian equations of motion in this case? Show that they lead to the KG equation for  $\phi$ . Take care: the Hamiltonian equation of motion are just that — they use the Hamiltonian. *not* the Hamiltonian density!

*Proof.* In convention, the greek letters  $\mu, \nu, \dots$  ranges from 0 to 3, and the latin letters  $a, b, \dots$  ranges from 1 to 3. The signature of the Minkowski spacetime is  $(+ - - -)$ .

- a) The variation of the Lagrangian density is given by

$$\delta \mathcal{L} = \frac{\partial \mathcal{L}}{\partial \phi} \delta \phi + \frac{\partial \mathcal{L}}{\partial (\partial_\mu \phi)} \partial_\mu (\delta \phi) = -\omega^2 \phi_{\text{cl}} \delta \phi + \partial^\mu \phi_{\text{cl}} \partial_\mu (\delta \phi)$$

The variation of the action is given by

$$\begin{aligned} \delta S &= \int_0^T dt \int_{V_\Sigma} d^3\mathbf{x} \delta \mathcal{L} = \int_0^T dt \int_{V_\Sigma} d^3\mathbf{x} (-\omega^2 \phi_{\text{cl}} \delta \phi + \partial^\mu \phi_{\text{cl}} \partial_\mu (\delta \phi)) \\ &= \int_0^T dt \int_{V_\Sigma} d^3\mathbf{x} (-\omega^2 \phi_{\text{cl}} \delta \phi + \partial_0 \phi_{\text{cl}} \partial_0 (\delta \phi) - \nabla \phi_{\text{cl}} \cdot \nabla \delta \phi) \\ &= \int_0^T dt \int_{V_\Sigma} d^3\mathbf{x} (-\omega^2 \phi_{\text{cl}} \delta \phi - \partial_\mu \partial^\mu \phi_{\text{cl}} \delta \phi) - \int_0^T dt \int_\Sigma \delta \phi \nabla \phi_{\text{cl}} \cdot \hat{\mathbf{n}} dA + \int_{V_\Sigma} d^3\mathbf{x} \partial_0 \phi_{\text{cl}} \delta \phi \Big|_{\delta \phi(\mathbf{x}, 0)}^{\delta \phi(\mathbf{x}, T)} \\ &= \int_0^T dt \int_{V_\Sigma} d^3\mathbf{x} \delta \phi (-\omega^2 - \partial_0^2 + \nabla^2) \phi_{\text{cl}} - \int_0^T dt \int_\Sigma \delta \phi \nabla \phi_{\text{cl}} \cdot \hat{\mathbf{n}} dA \end{aligned}$$

b) Suppose that  $\delta\phi$  is bounded by  $M$ . We have

$$\left| \int_0^T dt \int_{\Sigma} \delta\phi \nabla\phi_{\text{cl}} \cdot \hat{\mathbf{n}} dA \right| \leq 4\pi R^2 T M \sup_{\mathbf{x} \in \Sigma, t \in [0, T]} \|\nabla\phi_{\text{cl}}(\mathbf{x}, t)\|$$

If  $\phi_{\text{cl}} \sim R^{-\eta}$ , then  $\|\nabla\phi_{\text{cl}}\| \sim R^{-(\eta+1)}$ . The boundary integral

$$\left| \int_0^T dt \int_{\Sigma} \delta\phi \nabla\phi_{\text{cl}} \cdot \hat{\mathbf{n}} dA \right| \sim R^{-(\eta+1)}$$

If the boundary term needs to vanish as  $R \rightarrow \infty$ , we must have  $\eta > 1$ .

c) The canonical momentum

$$\pi = \frac{\partial \mathcal{L}}{\partial(\partial_0 \phi)} = \partial_0 \phi$$

Therefore the Hamiltonian density

$$\mathcal{H}(\pi, \phi) = \pi \partial_0 \phi - \mathcal{L} = \pi^2 - \frac{1}{2} (\pi^2 - \partial_a \phi \partial^a \phi - \omega^2 \phi^2) = \frac{1}{2} (\pi^2 + \|\nabla\phi\|^2 + \omega^2 \phi^2) \quad (*)$$

d) The Hamiltonian is given by

$$H[\pi, \phi] = \int_{\mathbb{R}^3} \mathcal{H} d^3 \mathbf{x} = \int_{\mathbb{R}^3} \frac{1}{2} (\pi^2 + \nabla^2 \phi + \omega^2 \phi) d^3 \mathbf{x}$$

We derive the Hamiltonian canonical equations in the general case.

From the Lagrangian formalism, by demanding  $\delta S = 0$  we obtain the Euler-Lagrange equations:

$$\frac{\partial}{\partial x^\mu} \frac{\partial \mathcal{L}}{\partial(\partial_\mu \phi)} - \frac{\partial \mathcal{L}}{\partial \phi} = 0$$

The variation of the Hamiltonian is given by

$$\begin{aligned} \delta H &= \int_{\mathbb{R}^3} d^3 \mathbf{x} (\partial_0 \phi \delta \pi + \pi \delta(\partial_0 \phi) - \delta \mathcal{L}) \\ &= \int_{\mathbb{R}^3} d^3 \mathbf{x} \left( (\partial_0 \phi \delta \pi + \pi \delta(\partial_0 \phi)) - \left( \frac{\partial \mathcal{L}}{\partial \phi} \delta \phi + \pi \delta(\partial_0 \phi) + \frac{\partial \mathcal{L}}{\partial(\partial_a \phi)} \partial_a(\delta \phi) \right) \right) \\ &= \int_{\mathbb{R}^3} d^3 \mathbf{x} \left( \partial_0 \phi \delta \pi + \left( -\frac{\partial \mathcal{L}}{\partial \phi} + \frac{\partial}{\partial x^a} \frac{\partial \mathcal{L}}{\partial(\partial_a \phi)} \right) \delta \phi \right) \\ &= \int_{\mathbb{R}^3} d^3 \mathbf{x} (\partial_0 \phi \delta \pi - \partial_0 \pi \delta \phi) \quad (\text{substituting the Euler-Lagrange equation}) \end{aligned}$$

But we also have

$$\begin{aligned} \delta H[\pi, \phi] &= \int_{\mathbb{R}^3} d^3 \mathbf{x} \left( \frac{\partial \mathcal{H}}{\partial \pi} \delta \pi + \frac{\partial \mathcal{H}}{\partial \phi} \delta \phi + \frac{\partial \mathcal{H}}{\partial(\partial_a \phi)} \partial_a(\delta \phi) \right) \\ &= \int_{\mathbb{R}^3} d^3 \mathbf{x} \left( \frac{\partial \mathcal{H}}{\partial \pi} \delta \pi + \left( \frac{\partial \mathcal{H}}{\partial \phi} - \frac{\partial}{\partial x^a} \frac{\partial \mathcal{H}}{\partial(\partial_a \phi)} \right) \delta \phi \right) \end{aligned}$$

By comparing the two expressions we obtain the canonical equations:

$$\partial_0 \phi = \frac{\partial \mathcal{H}}{\partial \pi}, \quad \partial_0 \pi = -\frac{\partial \mathcal{H}}{\partial \phi} + \frac{\partial}{\partial x^a} \frac{\partial \mathcal{H}}{\partial(\partial_a \phi)}$$

We substitute (\*) into the second equation above:

$$\partial_0 \pi = -\omega^2 \phi + \partial^a \partial_a \phi$$

Since  $\pi = \partial_0 \phi$ , we recover the Klein-Gordon equation:

$$\frac{\partial^2 \phi}{\partial t^2} = (\nabla^2 - \omega^2) \phi$$

□

### Question 2. Manipulating the quantum scalar field.

Given that

$$\phi(\mathbf{x}) = \int \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{\sqrt{2E_{\mathbf{p}}}} \left( a_{-\mathbf{p}}^\dagger + a_{\mathbf{p}} \right) e^{i\mathbf{p} \cdot \mathbf{x}} \quad (1)$$

$$\pi(\mathbf{x}) = i \int \frac{d^3 \mathbf{p}}{(2\pi)^3} \sqrt{\frac{E_{\mathbf{p}}}{2}} \left( a_{-\mathbf{p}}^\dagger - a_{\mathbf{p}} \right) e^{i\mathbf{p} \cdot \mathbf{x}} \quad (2)$$

$$H = \int \frac{d^3 \mathbf{p}}{(2\pi)^3} E_{\mathbf{p}} a_{\mathbf{p}}^\dagger a_{\mathbf{p}} \quad (3)$$

$$\mathbf{P} = \int \frac{d^3 \mathbf{p}}{(2\pi)^3} \mathbf{p} a_{\mathbf{p}}^\dagger a_{\mathbf{p}} \quad (4)$$

- a) Find  $a_{\mathbf{p}}$  and  $a_{\mathbf{p}}^\dagger$  in terms of  $\phi(\mathbf{x})$  and  $\pi(\mathbf{x})$  by Fourier transforming (1) and (2). By substituting your results into (3) find  $H$  in terms of  $\phi(\mathbf{x})$  and  $\pi(\mathbf{x})$ .
- b) Again by substituting your results for  $a_{\mathbf{p}}$  and  $a_{\mathbf{p}}^\dagger$  from part a) into (4) show that

$$\mathbf{P} = - \int d^3 \mathbf{x} \pi(\mathbf{x}) \nabla \phi(\mathbf{x})$$

- c) By explicit calculation find the eigenvalues of  $(H, \mathbf{P})$  for the two particle state  $|\mathbf{p}, \mathbf{p}'\rangle = a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger |0\rangle$ .
- d) Find  $\langle 0 | \phi(\mathbf{x}) \phi(\mathbf{y}) | \mathbf{p}, \mathbf{p}' \rangle$ .

*Proof.* a) (Taking the Fourier transform of some operator-valued integral really makes no sense in mathematics...at least in Fourier analysis. Probably we need something like spectral resolutions. From now on I just pretend that *the operators are just scalars and vectors in  $\mathbb{R}^3$* .)

Recall that the Fourier transform in  $\mathbb{R}^3$  is defined by

$$\mathcal{F}[f](\mathbf{p}) := \int_{\mathbb{R}^3} d^3 \mathbf{x} f(\mathbf{x}) e^{-i\mathbf{p} \cdot \mathbf{x}}, \quad f \in L^1(\mathbb{R}^3)$$

with the inversion given by

$$\mathcal{F}^{-1}[f](\mathbf{x}) := \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} f(\mathbf{p}) e^{i\mathbf{p} \cdot \mathbf{x}}, \quad f \in L^1(\mathbb{R}^3)$$

such that  $\mathcal{F}^{-1} \circ \mathcal{F} = \mathcal{F} \circ \mathcal{F}^{-1} = \text{id}$  over  $L^1(\mathbb{R}^3)$ . Then we note that

$$\begin{aligned} \phi(\mathbf{x}) &= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{\sqrt{2E_{\mathbf{p}}}} \left( a_{-\mathbf{p}}^\dagger + a_{\mathbf{p}} \right) e^{i\mathbf{p} \cdot \mathbf{x}} = \mathcal{F}^{-1} \left[ \frac{1}{\sqrt{2E_{\mathbf{p}}}} \left( a_{-\mathbf{p}}^\dagger + a_{\mathbf{p}} \right) \right] \\ \pi(\mathbf{x}) &= i \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \sqrt{\frac{E_{\mathbf{p}}}{2}} \left( a_{-\mathbf{p}}^\dagger - a_{\mathbf{p}} \right) e^{i\mathbf{p} \cdot \mathbf{x}} = \mathcal{F}^{-1} \left[ i \sqrt{\frac{E_{\mathbf{p}}}{2}} \left( a_{-\mathbf{p}}^\dagger - a_{\mathbf{p}} \right) \right] \end{aligned}$$

Therefore

$$\bar{\phi}(\mathbf{p}) = \frac{1}{\sqrt{2E_{\mathbf{p}}}} \left( a_{-\mathbf{p}}^\dagger + a_{\mathbf{p}} \right) \quad \bar{\pi}(\mathbf{p}) = i \sqrt{\frac{E_{\mathbf{p}}}{2}} \left( a_{-\mathbf{p}}^\dagger - a_{\mathbf{p}} \right)$$

Hence we can solve the creation & annihilation operators:

$$a_{\mathbf{p}} = \sqrt{\frac{E_{\mathbf{p}}}{2}} \bar{\phi}(\mathbf{p}) + \frac{i}{\sqrt{2E_{\mathbf{p}}}} \bar{\pi}(\mathbf{p}) \quad a_{\mathbf{p}}^{\dagger} = \sqrt{\frac{E_{\mathbf{p}}}{2}} \bar{\phi}(-\mathbf{p}) - \frac{i}{\sqrt{2E_{\mathbf{p}}}} \bar{\pi}(-\mathbf{p})$$

(We used the energy-momentum relation which implies that  $E_{\mathbf{p}} = E_{-\mathbf{p}}$ .)

Substituting the results into (3):

$$\begin{aligned} H &= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} E_{\mathbf{p}} a_{\mathbf{p}}^{\dagger} a_{\mathbf{p}} \\ &= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} E_{\mathbf{p}} \left( \sqrt{\frac{E_{\mathbf{p}}}{2}} \bar{\phi}(-\mathbf{p}) - \frac{i}{\sqrt{2E_{\mathbf{p}}}} \bar{\pi}(-\mathbf{p}) \right) \left( \sqrt{\frac{E_{\mathbf{p}}}{2}} \bar{\phi}(\mathbf{p}) + \frac{i}{\sqrt{2E_{\mathbf{p}}}} \bar{\pi}(\mathbf{p}) \right) \\ &= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} (E_{\mathbf{p}}^2 \bar{\phi}(-\mathbf{p}) \bar{\phi}(\mathbf{p}) + \bar{\pi}(-\mathbf{p}) \bar{\pi}(\mathbf{p}) - i E_{\mathbf{p}} (\bar{\pi}(-\mathbf{p}) \bar{\phi}(\mathbf{p}) - \bar{\phi}(-\mathbf{p}) \bar{\pi}(\mathbf{p}))) \\ &= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} (E_{\mathbf{p}}^2 \bar{\phi}(-\mathbf{p}) \bar{\phi}(\mathbf{p}) + \bar{\pi}(-\mathbf{p}) \bar{\pi}(\mathbf{p}) - i E_{\mathbf{p}} [\bar{\pi}(-\mathbf{p}), \bar{\phi}(\mathbf{p})]) \end{aligned}$$

In the last step we swap  $\mathbf{p}$  with  $-\mathbf{p}$ . In order to handle the cross terms, we consider the canonical quantisation given by

$$[\phi(\mathbf{x}), \pi(\mathbf{x}')] = i\delta(\mathbf{x} - \mathbf{x}')$$

which implies that

$$[\mathcal{F}[\phi](\mathbf{p}), \mathcal{F}'[\pi](\mathbf{p}')] = \mathcal{F} \circ \mathcal{F}'[i\delta(\mathbf{x} - \mathbf{x}')] = \mathcal{F}[i e^{-i\mathbf{p}' \cdot \mathbf{x}}] = i(2\pi)^3 \delta(\mathbf{p} + \mathbf{p}')$$

Therefore  $[\bar{\pi}(-\mathbf{p}), \bar{\phi}(\mathbf{p})] = -i(2\pi)^3 \delta(0)$ . Substitute this back to the expression of Hamiltonian:

$$H = \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} (E_{\mathbf{p}}^2 \bar{\phi}(-\mathbf{p}) \bar{\phi}(\mathbf{p}) + \bar{\pi}(-\mathbf{p}) \bar{\pi}(\mathbf{p})) + \int_{\mathbb{R}^3} E_{\mathbf{p}} \delta(0) d^3 \mathbf{p}$$

The second term corresponds to an infinitely large zero-point energy, which can be neglected as we are doing physics. Therefore we have

$$H = \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} (E_{\mathbf{p}}^2 \bar{\phi}(-\mathbf{p}) \bar{\phi}(\mathbf{p}) + \bar{\pi}(-\mathbf{p}) \bar{\pi}(\mathbf{p}))$$

We expand the Fourier transforms:

$$\begin{aligned} \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} E_{\mathbf{p}}^2 \bar{\phi}(-\mathbf{p}) \bar{\phi}(\mathbf{p}) &= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} E_{\mathbf{p}}^2 \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \phi(\mathbf{x}) \phi(\mathbf{x}') e^{i\mathbf{p} \cdot \mathbf{x}} e^{-i\mathbf{p} \cdot \mathbf{x}'} \\ &= \frac{1}{2} \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \phi(\mathbf{x}) \phi(\mathbf{x}') \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} (\omega^2 + \mathbf{p}^2) e^{i\mathbf{p} \cdot (\mathbf{x} - \mathbf{x}')} \\ &= \frac{1}{2} \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \phi(\mathbf{x}) \phi(\mathbf{x}') \mathcal{F}^{-1} [(\omega^2 + \mathbf{p}^2) e^{-i\mathbf{p} \cdot \mathbf{x}'}] \\ &= \frac{1}{2} \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \phi(\mathbf{x}) \phi(\mathbf{x}') (\omega^2 \mathcal{F}^{-1}[e^{-i\mathbf{p} \cdot \mathbf{x}'}] - \nabla^2 \mathcal{F}^{-1}[e^{-i\mathbf{p} \cdot \mathbf{x}'}]) \\ &= \frac{1}{2} \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \phi(\mathbf{x}) \phi(\mathbf{x}') (\omega^2 - \nabla^2) \delta(\mathbf{x} - \mathbf{x}') \\ &= \frac{1}{2} \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \phi(\mathbf{x}) \delta(\mathbf{x} - \mathbf{x}') (\omega^2 - \nabla^2) \phi(\mathbf{x}') \\ &= \int_{\mathbb{R}^3} d^3 \mathbf{x} \frac{1}{2} \phi(\mathbf{x}) (\omega^2 - \nabla^2) \phi(\mathbf{x}) \\ &= \int_{\mathbb{R}^3} d^3 \mathbf{x} \frac{1}{2} (\omega^2 \phi(\mathbf{x}) + \|\nabla \phi(\mathbf{x})\|^2) \end{aligned}$$

$$\begin{aligned}
\int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} \bar{\pi}(-\mathbf{p}) \bar{\pi}(\mathbf{p}) &= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \pi(\mathbf{x}) \pi(\mathbf{x}') e^{i\mathbf{p} \cdot \mathbf{x}} e^{-i\mathbf{p} \cdot \mathbf{x}'} \\
&= \frac{1}{2} \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \pi(\mathbf{x}) \pi(\mathbf{x}') \mathcal{F}^{-1} [e^{-i\mathbf{p} \cdot \mathbf{x}'}] \\
&= \frac{1}{2} \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \phi(\mathbf{x}) \phi(\mathbf{x}') \delta(\mathbf{x} - \mathbf{x}') \\
&= \int_{\mathbb{R}^3} d^3 \mathbf{x} \frac{1}{2} \pi(\mathbf{x})^2
\end{aligned}$$

In summary, the Hamiltonian is given by

$$H = \int_{\mathbb{R}^3} \frac{1}{2} \left( \pi(\mathbf{x})^2 + \omega^2 \phi(\mathbf{x})^2 + \|\nabla \phi(\mathbf{x})\|^2 \right) d^3 \mathbf{x}$$

b) Similar to the calculation for the Hamiltonian, we have

$$\begin{aligned}
\mathbf{P} &= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \mathbf{p} a_{\mathbf{p}}^\dagger a_{\mathbf{p}} \\
&= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \mathbf{p} \left( \sqrt{\frac{E_{\mathbf{p}}}{2}} \bar{\phi}(-\mathbf{p}) - \frac{i}{\sqrt{2E_{\mathbf{p}}}} \bar{\pi}(-\mathbf{p}) \right) \left( \sqrt{\frac{E_{\mathbf{p}}}{2}} \bar{\phi}(\mathbf{p}) + \frac{i}{\sqrt{2E_{\mathbf{p}}}} \bar{\pi}(\mathbf{p}) \right) \\
&= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} \mathbf{p} \left( E_{\mathbf{p}} \bar{\phi}(-\mathbf{p}) \bar{\phi}(\mathbf{p}) + \frac{1}{E_{\mathbf{p}}} \bar{\pi}(-\mathbf{p}) \bar{\pi}(\mathbf{p}) - i (\bar{\pi}(-\mathbf{p}) \bar{\phi}(\mathbf{p}) - \bar{\phi}(-\mathbf{p}) \bar{\pi}(\mathbf{p})) \right) \\
&= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} \mathbf{p} \left( E_{\mathbf{p}} \bar{\phi}(-\mathbf{p}) \bar{\phi}(\mathbf{p}) + \frac{1}{E_{\mathbf{p}}} \bar{\pi}(-\mathbf{p}) \bar{\pi}(\mathbf{p}) - i \{ \bar{\pi}(-\mathbf{p}), \bar{\phi}(\mathbf{p}) \} \right)
\end{aligned}$$

In the last step, we obtain the anti-commutator  $\{ \bar{\pi}(-\mathbf{p}), \bar{\phi}(\mathbf{p}) \}$  when we swap  $\mathbf{p}$  with  $-\mathbf{p}$ . Note that

$$\int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} \mathbf{p} (E_{\mathbf{p}} \bar{\phi}(-\mathbf{p}) \bar{\phi}(\mathbf{p})) = \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} (-\mathbf{p}) (E_{-\mathbf{p}} \bar{\phi}(\mathbf{p}) \bar{\phi}(-\mathbf{p})) = - \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \frac{1}{2} \mathbf{p} (E_{\mathbf{p}} \bar{\phi}(-\mathbf{p}) \bar{\phi}(\mathbf{p}))$$

So the first term is in fact zero. Similarly the second term is also zero. We obtain

$$\begin{aligned}
\mathbf{P} &= -\frac{i}{2} \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \mathbf{p} \{ \bar{\pi}(-\mathbf{p}), \bar{\phi}(\mathbf{p}) \} \\
&= -\frac{i}{2} \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \mathbf{p} (- [\bar{\pi}(-\mathbf{p}), \bar{\phi}(\mathbf{p})] + 2\bar{\pi}(-\mathbf{p}) \bar{\phi}(\mathbf{p})) \\
&= -i \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \mathbf{p} \bar{\pi}(-\mathbf{p}) \bar{\phi}(\mathbf{p}) - \delta(0) \int_{\mathbb{R}^3} \mathbf{p} d^3 \mathbf{p}
\end{aligned}$$

But now we can happily claim that the second term is zero (perhaps in the sense of distributions) because there is an obvious symmetry  $\mathbf{p} \mapsto -\mathbf{p}$ .

Expand the Fourier tranform:

$$\begin{aligned}
\mathbf{P} &= -i \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} \mathbf{p} \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \pi(\mathbf{x}) \phi(\mathbf{x}') e^{i\mathbf{p}(\mathbf{x}-\mathbf{x}')} \\
&= -i \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \pi(\mathbf{x}) \phi(\mathbf{x}') \mathcal{F}^{-1} [\mathbf{p} e^{-i\mathbf{p} \cdot \mathbf{x}'}] \\
&= -i \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \pi(\mathbf{x}) \phi(\mathbf{x}') (-i \nabla \delta(\mathbf{x} - \mathbf{x}')) \\
&= - \int_{\mathbb{R}^3} d^3 \mathbf{x} \int_{\mathbb{R}^3} d^3 \mathbf{x}' \pi(\mathbf{x}) \nabla \phi(\mathbf{x}') \delta(\mathbf{x} - \mathbf{x}') \\
&= - \int_{\mathbb{R}^3} d^3 \mathbf{x} \pi(\mathbf{x}) \nabla \phi(\mathbf{x})
\end{aligned}$$

c) First we calculate the commutator for the ladder operators.

$$\begin{aligned}
[a_{\mathbf{p}}, a_{\mathbf{p}'}^\dagger] &= \left[ \sqrt{\frac{E_{\mathbf{p}}}{2}} \bar{\phi}(\mathbf{p}) + \frac{i}{\sqrt{2E_{\mathbf{p}}}} \bar{\pi}(\mathbf{p}), \sqrt{\frac{E_{\mathbf{p}'}}{2}} \bar{\phi}(-\mathbf{p}') - \frac{i}{\sqrt{2E_{\mathbf{p}'}}} \bar{\pi}(-\mathbf{p}') \right] \\
&= \frac{i}{2} [\bar{\pi}(\mathbf{p}), \bar{\phi}(-\mathbf{p}')] - \frac{i}{2} [\bar{\phi}(\mathbf{p}), \bar{\pi}(-\mathbf{p}')] \\
&= (2\pi)^3 \delta(\mathbf{p} - \mathbf{p}')
\end{aligned}$$

Next calculate the commutator of  $H$  and  $a^\dagger$ :

$$[H, a_{\mathbf{q}}^\dagger] = \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} E_{\mathbf{p}} [a_{\mathbf{p}}^\dagger a_{\mathbf{p}}, a_{\mathbf{q}}^\dagger] = \int_{\mathbb{R}^3} \frac{d^3 \mathbf{p}}{(2\pi)^3} E_{\mathbf{p}} a_{\mathbf{p}}^\dagger (2\pi)^3 \delta(\mathbf{p} - \mathbf{q}) = E_{\mathbf{q}} a_{\mathbf{q}}^\dagger$$

Hence

$$\begin{aligned}
H | \mathbf{p}, \mathbf{p}' \rangle &= H a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger | 0 \rangle \\
&= \left( a_{\mathbf{p}}^\dagger H a_{\mathbf{p}'}^\dagger + E_{\mathbf{p}} a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger \right) | 0 \rangle \\
&= \left( a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger H + E_{\mathbf{p}'} a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger + E_{\mathbf{p}} a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger \right) | 0 \rangle \\
&= (E_{\mathbf{p}} + E_{\mathbf{p}'} ) | \mathbf{p}, \mathbf{p}' \rangle
\end{aligned}$$

Similar calculation for  $\mathbf{P}$  shows that

$$[\mathbf{P}, a_{\mathbf{q}}^\dagger] = \mathbf{q} a_{\mathbf{q}}^\dagger$$

Hence

$$\mathbf{P} | \mathbf{p}, \mathbf{p}' \rangle = (\mathbf{p} + \mathbf{p}') | \mathbf{p}, \mathbf{p}' \rangle$$

d) Just calculate:

$$\begin{aligned}
&\langle 0 | \phi(\mathbf{x}) \phi(\mathbf{y}) | \mathbf{p}, \mathbf{p}' \rangle \\
&= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{q}}{(2\pi)^3} \frac{1}{\sqrt{2E_{\mathbf{q}}}} \int_{\mathbb{R}^3} \frac{d^3 \mathbf{q}'}{(2\pi)^3} \frac{1}{\sqrt{2E_{\mathbf{q}'}}} e^{i(\mathbf{q} \cdot \mathbf{x} + \mathbf{q}' \cdot \mathbf{y})} \langle 0 | (a_{-\mathbf{q}}^\dagger + a_{\mathbf{q}})(a_{-\mathbf{q}'}^\dagger + a_{\mathbf{q}'}) | \mathbf{p}, \mathbf{p}' \rangle \\
&= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{q}}{(2\pi)^3} \frac{1}{\sqrt{2E_{\mathbf{q}}}} \int_{\mathbb{R}^3} \frac{d^3 \mathbf{q}'}{(2\pi)^3} \frac{1}{\sqrt{2E_{\mathbf{q}'}}} e^{i(\mathbf{q} \cdot \mathbf{x} + \mathbf{q}' \cdot \mathbf{y})} \sqrt{2E_{\mathbf{p}}} \sqrt{2E_{\mathbf{p}'}} \langle 0 | (a_{-\mathbf{q}}^\dagger + a_{\mathbf{q}})(a_{-\mathbf{q}'}^\dagger + a_{\mathbf{q}'}) a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger | 0 \rangle \\
&= \int_{\mathbb{R}^3} \frac{d^3 \mathbf{q}}{(2\pi)^3} \frac{1}{\sqrt{2E_{\mathbf{q}}}} \int_{\mathbb{R}^3} \frac{d^3 \mathbf{q}'}{(2\pi)^3} \frac{1}{\sqrt{2E_{\mathbf{q}'}}} e^{i(\mathbf{q} \cdot \mathbf{x} + \mathbf{q}' \cdot \mathbf{y})} \sqrt{2E_{\mathbf{p}}} \sqrt{2E_{\mathbf{p}'}} \langle 0 | a_{\mathbf{q}} a_{\mathbf{q}'} a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger | 0 \rangle
\end{aligned}$$

We have

$$\begin{aligned}
a_{\mathbf{q}} a_{\mathbf{q}'} a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger &= a_{\mathbf{q}} [a_{\mathbf{q}'}, a_{\mathbf{p}}^\dagger] a_{\mathbf{p}'}^\dagger + a_{\mathbf{q}} a_{\mathbf{p}}^\dagger a_{\mathbf{q}'} a_{\mathbf{p}'}^\dagger \\
&= a_{\mathbf{q}} [a_{\mathbf{q}'}, a_{\mathbf{p}}^\dagger] a_{\mathbf{p}'}^\dagger + a_{\mathbf{q}} a_{\mathbf{p}}^\dagger [a_{\mathbf{q}'}, a_{\mathbf{p}'}^\dagger] + a_{\mathbf{q}} a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger a_{\mathbf{q}'} \\
&= [a_{\mathbf{q}'}, a_{\mathbf{p}}^\dagger] [a_{\mathbf{q}}, a_{\mathbf{p}'}^\dagger] + [a_{\mathbf{q}'}, a_{\mathbf{p}}^\dagger] a_{\mathbf{p}'}^\dagger a_{\mathbf{q}} + [a_{\mathbf{q}}, a_{\mathbf{p}}^\dagger] [a_{\mathbf{q}'}, a_{\mathbf{p}'}^\dagger] + [a_{\mathbf{q}'}, a_{\mathbf{p}'}^\dagger] a_{\mathbf{p}}^\dagger a_{\mathbf{q}} + a_{\mathbf{q}} a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger a_{\mathbf{q}'}
\end{aligned}$$

Hence

$$\langle 0 | a_{\mathbf{q}} a_{\mathbf{q}'} a_{\mathbf{p}}^\dagger a_{\mathbf{p}'}^\dagger | 0 \rangle = (2\pi)^6 (\delta(\mathbf{q}' - \mathbf{p}) \delta(\mathbf{q} - \mathbf{p}') + \delta(\mathbf{q} - \mathbf{p}) \delta(\mathbf{q}' - \mathbf{p}'))$$

Substitute back to the first equation, we have

$$\langle 0 | \phi(\mathbf{x}) \phi(\mathbf{y}) | \mathbf{p}, \mathbf{p}' \rangle = e^{i(\mathbf{p} \cdot \mathbf{x} + \mathbf{p}' \cdot \mathbf{y})} + e^{i(\mathbf{p}' \cdot \mathbf{x} + \mathbf{p} \cdot \mathbf{y})}$$

□

### Question 3. Calculating the unequal time commutator.

The Green's functions that we will meet in the lecture course can all be expressed more-or-less explicitly in terms of well-known special functions. For many purposes it is not necessary to do this but you should know how to go about it. In this question we will calculate

$$\Delta(x) = [\phi(x), \phi(0)] = \int \frac{d^3\mathbf{p}}{(2\pi)^3} \frac{1}{2E_{\mathbf{p}}} (e^{-ip \cdot x} - e^{ip \cdot x})$$

- a) Set  $x^\mu = (t, \mathbf{x})$  and change to polar coordinates for the momentum integral, choosing the polar axis to be along the direction of  $\mathbf{x}$ . Integrate out the angular variables to show that

$$\Delta(x) = \frac{-i}{8\pi^2|\mathbf{x}|} \int_{-\infty}^{\infty} \frac{\rho d\rho}{E(\rho)} \operatorname{Re} \left( e^{-i(E(\rho)t - \rho|\mathbf{x}|)} - e^{i(E(\rho)t + \rho|\mathbf{x}|)} \right)$$

where  $E(\rho) = +\sqrt{\rho^2 + m^2}$ .

- b) Now change to the *rapidity variables*:  $t = s \cosh \tau$ ,  $|\mathbf{x}| = s \sinh \tau$  and  $\rho = m \sinh \phi$  (these are a very useful way of expressing kinematic quantities in a wide variety of applications). After some manipulations show that

$$\Delta(x) = \frac{-im}{4\pi^2 s} \int_{-\infty}^{\infty} \cosh \phi \left( \operatorname{Re} e^{ims \cosh \phi} \right) d\phi$$

What is notable about this result?

- c) The remaining integral is related to the Bessel functions - find out exactly what the relationship is. If you are careful you will discover that we have made a subtle assumption in our manipulations - what is it?

For information on Bessel Functions use the book *Special Functions & Their Applications* by N.N. Lebedev which contains all the information you need. It is available as a pdf on the web.

*Proof.* a)

- b) Using the rapidity variables, we have

$$E(\rho) = \sqrt{\rho^2 + m^2} = m\sqrt{1 + \sinh^2 \phi} = m \cosh \phi$$

Then

$$\begin{aligned} \Delta(x) &= \frac{-i}{8\pi^2 s \sinh \tau} \int_{\mathbb{R}} \frac{m^2 \sinh \phi \cosh \phi d\phi}{m \cosh \phi} \\ &\quad \operatorname{Re} \left( e^{-i(ms \cosh \phi \cosh \tau - ms \sinh \phi \sinh \tau)} - e^{i(ms \cosh \phi \cosh \tau + ms \sinh \phi \sinh \tau)} \right) \\ &= \frac{-im}{8\pi^2 s \sinh \tau} \int_{\mathbb{R}} \sinh \phi \operatorname{Re} \left( e^{-ims \cosh(\phi - \tau)} - e^{ims \cosh(\phi + \tau)} \right) d\phi \end{aligned}$$

□

#### Question 4. The Parity Operator.

Consider the same field operator and Hamiltonian as in Question 2, and define a new operator  $Q$  by

$$Q = \int \frac{d^3\mathbf{p}}{(2\pi)^3} (a_{\mathbf{p}} - a_{-\mathbf{p}}) (a_{\mathbf{p}}^\dagger - a_{-\mathbf{p}}^\dagger)$$

a) Show that

$$[Q, a_{\mathbf{q}} + sa_{-\mathbf{q}}] = -2(1-s)(a_{\mathbf{q}} - a_{-\mathbf{q}})$$

where  $s$  is a constant.

b) Define  $C_\lambda = e^{i\lambda Q}$  where  $\lambda$  is real. For operators  $A$  such that  $[Q, A] = cA$  where  $c$  is a constant show that  $A(\lambda) = C_\lambda A C_\lambda^\dagger$  satisfies

$$\frac{\partial A(\lambda)}{\partial \lambda} = icA(\lambda)$$

Solve this differential equation to find  $A(\lambda)$  in terms of  $\lambda$  and  $A$ .

c) Using the result of parts a) and b) (hint: you can choose the value  $s$ , good choices help!) show that

$$C_{\frac{\pi}{4}} \phi(\mathbf{x}) C_{\frac{\pi}{4}}^\dagger = \phi(-\mathbf{x})$$

and deduce that therefore  $C_{\frac{\pi}{4}}$  can be identified as the parity operator. What is  $C_{\frac{\pi}{4}} H C_{\frac{\pi}{4}}^\dagger$ ?

*Proof.* a)

$$\begin{aligned} [Q, a_{\mathbf{q}} + sa_{-\mathbf{q}}] &= \int_{\mathbb{R}^3} \frac{d^3\mathbf{p}}{(2\pi)^3} (a_{\mathbf{p}} - a_{-\mathbf{p}}) [a_{\mathbf{p}}^\dagger - a_{-\mathbf{p}}^\dagger, a_{\mathbf{q}} + sa_{-\mathbf{q}}] \\ &= \int_{\mathbb{R}^3} \frac{d^3\mathbf{p}}{(2\pi)^3} (a_{\mathbf{p}} - a_{-\mathbf{p}}) ([a_{\mathbf{p}}^\dagger, a_{\mathbf{q}}] + [a_{\mathbf{p}}^\dagger, sa_{-\mathbf{q}}] - [a_{-\mathbf{p}}^\dagger, a_{\mathbf{q}}] - [a_{-\mathbf{p}}^\dagger, sa_{-\mathbf{q}}]) \\ &= \int_{\mathbb{R}^3} d^3\mathbf{p} (a_{\mathbf{p}} - a_{-\mathbf{p}}) (1-s) (\delta(\mathbf{p} + \mathbf{q}) - \delta(\mathbf{p} - \mathbf{q})) \\ &= -2(1-s)(a_{\mathbf{q}} - a_{-\mathbf{q}}) \end{aligned}$$

b) From the definition we note that  $Q$  is self-adjoint.  $\{C_\lambda: \lambda \geq 0\}$  defines a one-parameter strongly continuous semi-group of unitary operators.<sup>1</sup>

$$C_\lambda = e^{i\lambda Q} \implies \frac{dC_\lambda}{d\lambda} = iQ e^{i\lambda Q} = iQC_\lambda$$

The Hermitian adjoint

$$\frac{dC_\lambda^\dagger}{d\lambda} = \left( \frac{dC_\lambda}{d\lambda} \right)^\dagger = -iQC_\lambda^\dagger$$

Then

$$\frac{dA(\lambda)}{d\lambda} = \frac{dC_\lambda}{d\lambda} A C_\lambda^\dagger + C_\lambda A \frac{dC_\lambda^\dagger}{d\lambda} = iC_\lambda [Q, A] C_\lambda^\dagger = icC_\lambda A C_\lambda^\dagger = icA(\lambda)$$

With  $A(0) = A$ , the operator semi-group  $A(\lambda)$  is given by

$$A(\lambda) = A e^{ic\lambda}$$

<sup>1</sup>By Hille-Yosida Theorem,  $Q$  must satisfy that  $Q$  is closed and densely defined, and there exists  $m, \omega > 0$  such that  $(\omega, +\infty) \cap \sigma(Q) = \emptyset$  and  $\|(\lambda \text{id} - Q)^{-n}\| \leq M(\lambda - \omega)^{-n}$  for any  $\lambda > \omega$  and  $n \in \mathbb{Z}_+$ .

c) Take  $s = 1$  in part (a). We have

$$[Q, a_{\mathbf{p}} + a_{-\mathbf{p}}] = 0, \quad [Q, a_{\mathbf{p}}^\dagger + a_{-\mathbf{p}}^\dagger] = -[Q, a_{\mathbf{p}} + a_{-\mathbf{p}}]^\dagger = 0$$

Take  $s = -1$  in part (a). We have

$$[Q, a_{\mathbf{p}} - a_{-\mathbf{p}}] = -4(a_{\mathbf{p}} - a_{-\mathbf{p}})$$

Taking the Hermitian adjoint

$$[Q, a_{\mathbf{p}}^\dagger - a_{-\mathbf{p}}^\dagger] = -[Q, a_{\mathbf{p}} - a_{-\mathbf{p}}]^\dagger = 4(a_{\mathbf{p}}^\dagger - a_{-\mathbf{p}}^\dagger)$$

By part (b) we have

$$C_\lambda(a_{\mathbf{p}} + a_{-\mathbf{p}})C_\lambda^\dagger = a_{\mathbf{p}} + a_{-\mathbf{p}}, \quad C_\lambda(a_{\mathbf{p}} - a_{-\mathbf{p}})C_\lambda^\dagger = e^{-4i\lambda}(a_{\mathbf{p}} - a_{-\mathbf{p}})$$

Therefore we have

$$C_{\pi/4}a_{\mathbf{p}}C_{\pi/4}^\dagger = \frac{1}{2}((a_{\mathbf{p}} + a_{-\mathbf{p}}) + e^{-i\pi}(a_{\mathbf{p}} - a_{-\mathbf{p}})) = a_{-\mathbf{p}}$$

and, taking the Hermitian adjoint

$$C_{\pi/4}a_{-\mathbf{p}}^\dagger C_{\pi/4}^\dagger = (C_{\pi/4}a_{-\mathbf{p}}C_{\pi/4}^\dagger)^\dagger = a_{\mathbf{p}}^\dagger$$

Put these results into the expression we are looking for:

$$\begin{aligned} C_{\pi/4}\phi(\mathbf{x})C_{\pi/4}^\dagger &= \int_{\mathbb{R}^3} \frac{d^3\mathbf{p}}{(2\pi)^3} \frac{1}{\sqrt{2E_{\mathbf{p}}}} e^{i\mathbf{p}\cdot\mathbf{x}} \left( C_{\pi/4}a_{\mathbf{p}}C_{\pi/4}^\dagger + C_{\pi/4}a_{-\mathbf{p}}^\dagger C_{\pi/4}^\dagger \right) \\ &= \int_{\mathbb{R}^3} \frac{d^3\mathbf{p}}{(2\pi)^3} \frac{1}{\sqrt{2E_{\mathbf{p}}}} e^{i\mathbf{p}\cdot\mathbf{x}} (a_{-\mathbf{p}} + a_{\mathbf{p}}^\dagger) \\ &= \int_{\mathbb{R}^3} \frac{d^3\mathbf{p}}{(2\pi)^3} \frac{1}{\sqrt{2E_{\mathbf{p}}}} e^{-i\mathbf{p}\cdot\mathbf{x}} (a_{\mathbf{p}} + a_{-\mathbf{p}}^\dagger) \\ &= \phi(-\mathbf{x}) \end{aligned}$$

Hence  $C_{\pi/4}$  is the parity operator for the free scalar field  $\phi(\mathbf{x})$  in the Heisenberg picture.

For the Hamiltonian, we have

$$\begin{aligned} C_{\pi/4}HC_{\pi/4}^\dagger &= \int_{\mathbb{R}^3} \frac{d^3\mathbf{p}}{(2\pi)^3} E_{\mathbf{p}} C_{\pi/4}a_{\mathbf{p}}^\dagger a_{\mathbf{p}} C_{\pi/4}^\dagger \\ &= \int_{\mathbb{R}^3} \frac{d^3\mathbf{p}}{(2\pi)^3} E_{\mathbf{p}} (C_{\pi/4}a_{\mathbf{p}}^\dagger C_{\pi/4}^\dagger) (C_{\pi/4}a_{\mathbf{p}} C_{\pi/4}^\dagger) \\ &= \int_{\mathbb{R}^3} \frac{d^3\mathbf{p}}{(2\pi)^3} E_{\mathbf{p}} a_{-\mathbf{p}}^\dagger a_{-\mathbf{p}} \\ &= \int_{\mathbb{R}^3} \frac{d^3\mathbf{p}}{(2\pi)^3} E_{\mathbf{p}} a_{\mathbf{p}}^\dagger a_{\mathbf{p}} \\ &= H \end{aligned}$$

Therefore the parity operator does not change the Hamiltonian. This is consistent with the spatial symmetry of reflection in a free scalar field theory.  $\square$